

# FEED ME

God wants none of us to miss anything or be hungry. He provides us with his special food which strengthens us and provides us with spiritual strength to love others in the same way He loves us. We are called to do our best in ensuring that no one is left hungry. There are different types of hunger around us. Some do not have material food but others might be hungry for love, forgiveness, peace, respect, courage and much more.

- Take some time to think about the different types of hunger that people have.
- Now on the mouth shaped template, write a prayer to God for those who are suffering from any kind of hunger and ask him to help you do your part in reducing hunger. Example by helping and encouraging your sister who is afraid of exams or asking Him to help you forgive someone who hurt you.