

YOM KIPPUR



Have you ever celebrated important feast-days with the rest of your community? One of the Holidays for the Jewish Community is called Yom Kippur. They start this feast by lighting candles and bless God, then they fast, pray and meditate on the good and the not so good things they had done during the past year. While they ask God to forgive them, they promise that they will do their best not to repeat the bad actions. Just like them we are invited to:

- Light one of the candles provided.
- Look deeply at the flame and Bless your God as Lord, King of the universe who gives us life and sustains us along.
- Now take some time to think of some of the good things and some of the inappropriate things you have done during this past year.
- Ask God to forgive you and while you blow off the candle promise him that you will do your best not to repeat these sins. You can also plan to go for confession.