

CENTIGRADES OF LOVE



Can you remember the last time someone checked your body temperature with a thermometer? The digits on the thermometer vary according to your body temperature and show whether you are healthy or not. What if we had to calculate our Love for God? The love we give to every single human being on Earth, including those who are different from us or who dislike us, is the only way which shows us how much we truly love God.

- Take some time to think of the unconditional love you show towards everyone, including those who hurt you or hurt someone dear to you.
- Think of the least person you love on Earth, and on the thermometer template mark how much you truly love, this person.
- Take a look at your mark. This shows you how much you love God.
- Talk to God about the centigrades of love you are giving Him by loving others and about your desire to grow in love.