





What is prayer?

- I pray when I speak with God.
- I can speak with God alone or with others.
- Praying can be done everywhere like for example:
 - at home
 - at school
 - in Church
 - in the countryside
 - at the playground





Who can pray?

- Everyone can pray.
- Jesus himself prayed and even his disciples prayed.
- In fact, Jesus taught them how to pray because they asked him to!
- When we speak with God, he becomes very happy because He loves us very much.
- This is why we should pray!





To whom can we pray?

- We can pray to:
 - God the Father
 - Jesus, the Son of God
 - the Holy Spirit
 - Holy Mary, the Mother of Jesus, to pray to God on our behalf
 - Angels and the Saints, to pray to God on our behalf
- There is a prayer that Jesus taught to his disciples to pray to God, who is our Father.
- This prayer is called the Lord's Prayer, because Jesus is our Lord.





About the Lord's Prayer...

- This prayer is also called the "Our Father" prayer.
- Jesus taught this prayer to his disciples who asked him to teach them how to pray.
- We know this because it is written twice in the Bible:
 - Once by Evangelist Matthew (Matt 6:9–13)
 - Once by Evangelist Luke (Luke II:2)
- This is how the Lord's Prayer came to be.



 We pray the "Our Father" Prayer because we also are Jesus' disciples, and we know that God is our Father too.



What do we pray in the Lord's Prayer?

When we pray to God, Our Father:

• we praise him because he created us



- we thank him because he provides our food and everything we need
- we ask him to forgive us when we do not behave
- we tell him that we also forgive our friends when they hurt us
- we ask him to guide us to always be good and to protect us from all harm. God has also given us a special Guardian Angel to be our special friend and guide who is always with us!











Our Father in heaven, hallowed be your name.



Your kingdom come, your will be done,





on earth as it is in heaven.





Give us this day our daily bread,



and forgive us our trespasses











And lead us not into temptation,



but deliver us from evil. Amen.







